

ABSTRACT Title (in sentence case)

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INTRODUCTION

This page gives an example of the format you *must* use for your abstract. All abstracts must be submitted as both .docx and PDF files to claire.jones@adelaide.edu.au. Abstract files should be named in the following format **SURNAME_ICSFDS2026_Pres.docx/.pdf** OR **SURNAME_ICSFDS2026_Poster.docx/.pdf**

Keep the introduction focused. Explain how this study fits into a larger area of research and what this study aims to contribute. Try to avoid the use of unnecessary or uncommon abbreviations.

METHODS

The abstract should be one A4 size page (210 x 297 mm), with two columns of text, justified. Please use this formatting template, and do not change margins, styles, paragraph spacing etc.

The body of the manuscript should be divided into the following sections: Introduction, Methods, Results and Discussion, and Conclusions.

RESULTS AND DISCUSSION

Up to one figure and one table may be included in the abstract and must be referenced in the text (Fig. 1). Captions must be legible and placed below each figure, and above each table. Tables may extend across two columns, but must stay within the specified page margins (Table 1).

Use numbers in square brackets [1,2] to cite references within the text and format references at the end of the abstract as shown on this page.

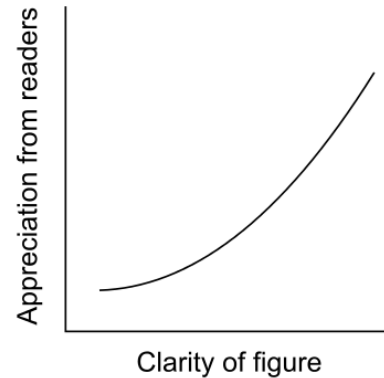


Figure 1 Where possible, show individual data points/curves in your figure. In the caption, write out in full the abbreviations used in the figure.

CONCLUSIONS

Summarize your main findings and place the findings in the larger context of your field. Use as plain English as possible – avoid jargon. Conclusions should be based directly on the data presented in this study.

ACKNOWLEDGEMENTS

Acknowledgments are optional.

REFERENCES

- [1] Bigname AB et al. *J Biomech* **40**: 3121-9, 2018.
[2] Otherbigname et al. *Clin Biom* **50**: 158-65, 2019.

Table 1: Tables that extend across both columns should be placed at the bottom of the abstract.

	Group 1	Group 2	Effect size	95% confidence intervals (p-value)
Variable 1 (Units)	3.1 ± 0.6	2.4 ± 0.7	1.12	0.6 to 0.8 (0.023)
Variable 2 (Units)	6.3 ± 1.1	4.2 ± 1.3	1.75	1.5 to 3.2 (0.002)